



FEBRUARY 2026

MIDDLE SCHOOL MENU



PRAIRIE KNOLLS
MIDDLE SCHOOL



CENTRAL
MIDDLE SCHOOL

MON	TUE	WED	THU	FRI
2	3	4	5	6
Chicken Tenders Spicy Chicken Tenders Sweet Potato Fries Juice Box Peaches	Toasted Cheese Toasted Cheese w/ Bacon Tomato Soup Fava Beans Cinnamon Applesauce	Buffalo Chicken Pizza Cheese Pizza Green Beans Celery Orange	Beef Nachos Bean Nachos Lettuce & Tomato Corn Pears	Hot Ham & Cheese Sandwich Hot Turkey & Provolone Sandwich Baked Beans Cucumber & Tomato Tray Blueberries
9	10	11	12	13
Breaded Chicken Parmesan Sandwich Grilled Chicken Parmesan Sandwich Carroteenies Corn Apple	Waffles w/ Sausage and 4oz Yogurt Waffles w/ 8oz Yogurt Diced Potatoes Juice Box Pears	Pepperoni French Bread Pizza Cheese French Bread Pizza Green Beans Celery Applesauce	Meatball Subs Roasted Broccoli Garden Salad Orange	Loaded Potato Wedges w/ Cheese Sauce & Cheese Stick or w/ BBQ Chicken Black Beans Lettuce & Diced Tomato Peaches Special Treat with Meal
16	17	18	19	20
NO SCHOOL	<i>Chinese New Year</i> Orange Chicken W/Rice Roasted Broccoli Carroteenies Pears Fortune Cookie w/ Meal	Cheese Bosco Stick Green Beans Tomato & Cucumber Peaches	Hamburger w/ Bacon Cheeseburger w/Bacon Fries Lettuce & Tomato Applesauce	<i>National Muffin Day</i> Jumbo Cheese Ravioli w/ meatsauce or w/ marinara Garden Salad Fava Beans Orange Chocolate Chip Muffin w/ Meal
23	24	25	26	27
Chicken Nuggets Buffalo Garlic Chicken Nuggets Carroteenies Corn Apple	Pasta w/ Meat Sauce Pasta w/ Marinara Sauce & 2 Cheese Sticks Steamed Broccoli Garden Salad Pears	Cheese Round Pizza Pepperoni Round Pizza Sweet Pepper Tray Green Beans Applesauce	HALF DAY NO LUNCH	NO SCHOOL

Offered Daily as Meat/Meat Alternative:

- Ham & Cheese Sandwich
- Turkey & Cheese Sandwich
- Plain or Spicy Breaded or Grilled Chicken & Cheese Wraps
- Plain or Spicy Breaded or Grilled Chicken & Cheese Salads
- Uncrustables, Grape or Strawberry
- Vegetarian Bento Boxes
- 8 oz Yogurt

Offered Daily Fruit, Vegetable

Assorted Fresh & Roasted/Steamed Vegetables

Assorted Fresh Fruit, Fruit Cup or Fruit Juice Box

Offered Daily Milk: 1 % Low-Fat White Milk or Fat Free Chocolate Milk

Menu Subject to Change

Lunch Prices:

Student: \$3.40

Reduced: \$4.40

Adult Lunch: \$4.05

Milk: \$4.00

