

FEBRUARY 2026

MIDDLE SCHOOL MENU



CENTRAL
MIDDLE SCHOOL



PRAIRIE KNOLLS
MIDDLE SCHOOL

MON	TUE	WED	THU	FRI
2	3	4	5	6
Chicken Tenders Spicy Chicken Tenders Sweet Potato Fries Juice Box Peaches	Toasted Cheese Toasted Cheese w/ Bacon Tomato Soup Fava Beans Cinnamon Applesauce	Buffalo Chicken Pizza Cheese Pizza Green Beans Celery Orange	Beef Nachos Bean Nachos Lettuce & Tomato Corn Pears	Hot Ham & Cheese Sandwich Hot Turkey & Provolone Sandwich Baked Beans Cucumber & Tomato Tray Blueberries
9 Breaded Chicken Parmesan Sandwich Grilled Chicken Parmesan Sandwich Carroteenies Corn Apple	10 Waffles w/ Sausage and 4oz Yogurt Waffles w/ 8oz Yogurt Diced Potatoes Juice Box Pears	11 Pepperoni French Bread Pizza Cheese French Bread Pizza Green Beans Celery Applesauce	12 Meatball Subs Roasted Broccoli Garden Salad Orange	13 Loaded Potato Wedges w/ Cheese Sauce & Cheese Stick or w/ BBQ Chicken Black Beans Lettuce & Diced Tomato Peaches Special Treat with Meal
16 NO SCHOOL	17 Chinese New Year Orange Chicken W/Rice Roasted Broccoli Carroteenies Pears Fortune Cookie w/ Meal	18 Cheese Bosco Stick Green Beans Tomato & Cucumber Peaches	19 Hamburger w/ Bacon Cheeseburger w/Bacon Fries Lettuce & Tomato Applesauce	20 National Muffin Day Jumbo Cheese Ravioli w/ meatsauce or w/ marinara Garden Salad Fava Beans Orange Chocolate Chip Muffin w/ Meal
23 Chicken Nuggets Buffalo Garlic Chicken Nuggets Carroteenies Corn Apple	24 Pasta w/ Meat Sauce Pasta w/ Marinara Sauce & 2 Cheese Sticks Steamed Broccoli Garden Salad Pears	25 Cheese Round Pizza Pepperoni Round Pizza Sweet Pepper Tray Green Beans Applesauce	26 HALF DAY NO LUNCH	27 NO SCHOOL

Offered Daily as Meat/Meat Alternative:

Ham & Cheese Sandwich

Turkey & Cheese Sandwich

Plain or Spicy Breaded or Grilled Chicken & Cheese Wraps

Plain or Spicy Breaded or Grilled Chicken & Cheese Salads

Uncrustables, Grape or Strawberry

Vegetarian Bento Boxes

8 oz Yogurt

Offered Daily Fruit, Vegetable

Assorted Fresh & Roasted/Steamed Vegetables

Assorted Fresh Fruit, Fruit Cup or Fruit Juice Box

Offered Daily Milk: 1 % Low-Fat White Milk or Fat Free Chocolate Milk

Menu Subject to Change

Lunch Prices:

Student: \$3.40

Reduced: \$.40

Adult Lunch: \$4.05

Milk: \$.40

