MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Chicken Potstickers (6) Vegetable Potstickers (6) Cold - Ham and Cheese Sandwich Vegetable - Roasted Broccoli, Cucumber Slices Fruit - Pear	Pancakes w/ Syrup Sausage Cold - Ham and Cheese Sandwich Large Salad/Wrap - Breaded Chicken & Cheese Wrap Vegetable - Hash Brown (2), Juice Box Fruit - Orange	Pepperoni Pizza Slice Cheese Pizza Slice Cold - Turkey Cheese Sandwich Large Salad/Wrap - Breaded Chicken Salad Vegetable - Carroteenies, Vegetarian Beans Fruit - Apple	Chicken Alfredo & Noodles Alfredo w/ Cheese stick & Noodles Cold - Turkey Cheese Sandwich Large Salad/Wrap - Grilled Chicken Wrap (Caesar) Vegetable - Garden Salad, Cauliflower & Celery Fruit - Peaches	Salisbury Steak Cold - Ham and Cheese Sandwich Large Salad/Wrap - Spicy Chicken Salad Vegetables - Carroteenies, Mashed Potatoes Fruit - Applesauce
10	11	12	13	14
Chicken Tenders (3) Spicy Chicken Tenders Cold - Ham & Cheese Sandwich Vegetable - Celery, Sweet Potato Fries Fruit - Pears	Beef Or Bean Twin Tacos w/Cheese Cold -Turkey Cheese Sandwich Large Salad/ Wrap- Spicy Chicken & Cheese Wrap Vegetable -Shredded Lettuce & Diced Tomatoes Fruit -Apple	Pepperoni Bosco Breadsticks (2) Bosco Breadsticks (2) Cold -Turkey Cheese Sandwich Large Salad/ Wrap - Taco Salad Vegetable - Roasted broccoli, Cauliflower Florets Fruit -Pears	Meatball(5) Open-Faced Sandwich Cold -Turkey Cheese Sandwich Large Salad/ Wrap - Grilled Chicken Wrap (Caesar) Vegetable -Garden Salad, Green Beans Fruit -Peaches	Chicken Patty Sandwich or Spicy Chicken Sandwich Cold - Ham & Cheese Sandwich Large Salad/ Wrap Breaded Chicken Salad Vegetable Vegetarian Beans, Carroteenies Fruit Applesauce
17	18	19	20	21
PRESIDENT'S DAY NO SCHOOL	Nacho, Beef or Bean Cold -Ham & Cheese Sandwich Vegetable - Refried Bean, Shredded Lettuce & Tomatoes Fruit -Pears	Pepperoni Round Pizza Round Cheese Pizza Cold -Turkey Cheese Sandwich Large Salad/ Wrap - Southwestern Chicken Salad Vegetable- Garden Salad, Green Beans Fruit - Apple	Baked Potato w/cheese Cold - Ham & Cheese Sandwich Large Salad/ Wrap - Grilled Chicken Wrap (Caesar) Vegetable - Steamed Broccoli, Carroteenies Fruit - Peaches	Hamburger or Cheeseburger Cold -Turkey Cheese Sandwich Large Salad/ Wrap- Breaded Chicken Salad Vegetable- Fries, Cauliflower & Tomatoes Fruit - Applesauce
24	25	26	27	28
Popcorn Chicken or Spicy Popcorn Chicken Cold - Ham & Cheese Sandwich Large Salad/ Wrap- Vegetarian Wrap Vegetable - Celery, Broccoli Florets Fruit -Pears MIDDLE SCHOOL ME	Corn Dog Cold - Turkey Cheese Sandwich Vegetable - Vegetarian Bean, Sweet Fries Fruit - Peaches	Pepperoni Stuffed Crust Pizza Stuffed Crust Pizza Cold -Turkey Cheese Sandwich Vegetable- Cauliflower, Celery Fruit -Pears	HALF DAY NO LUNCH	TEACHER INSERVICE NO SCHOOL
MIDDLE SCHOOL ME	NU - FEDRUARI Z	025	0% 10 "	
CENTRAL MIDDLE SCHOOL	PRAIRIE KNOLLS MIDDLE SCHOOL	CENTRAL UNIT SCHOOL DISTRICT 301	Offered Daily Carroteenies Fresh Fruit, Fruit Cup or Fruit Juice Box Uncrustables Grape or Strawberry Vegetarian Wraps Garden side Salad Milk - 1 % Low-Fat White Milk Fat Free Chocolate	Lunch Prices Student: \$3.30 Reduced: \$.40 Adult: \$3.95 Milk: \$.40