MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
GRADE SCHOOL - NOVEMBER LUNCH MENU 1				
Vegetarian Option Offered Daily "C" Lunch Prices Student: \$3.30 Reduced: \$.40 Adult: \$3.95 Milk: \$.40	CENTRAL MIDDLE SCHOOL	PRAIRIE KNOLLS MIDDLE SCHOOL	CENTRAL UNIT SCHOOL DISTRICT 301	Grilled Chicken Sandwich Pulled Pork Sandwich Cold: Ham & Cheese Large Salad/ Wrap: Breaded Chicken Salad Vegetable: Fries, Green Beans Fruit: Grapes
4	5	6	7	8
Orange Chicken with Brown Rice Cold: Ham & Cheese Vegetable: Broccoli Florets, Roasted Zucchini Fruit: Apple	ELECTION DAY NO SCHOOL	Twin Tacos: Chicken Or Bean Cold: Ham & Cheese Vegetable: Black Bean Salsa; Shred Lettuce & Tomatoes Fruit: Pears	Round Pizza: Cheese or Pepperoni Cold: Turkey & Cheese Large Salad/ Wrap: Southwestern Chicken Salad Vegetable: Garden Salad, Celery Fruit: Orange	Hamburger or Cheeseburger Cold: Turkey & Cheese Large Salad: Breaded Chicken Salad Vegetable: Fries, Carroteenies Fruit: Pears
11	12	13	14	15
Chicken Nuggets Cold: Ham & Cheese Vegetable: Fries, Carroteenies Fruit: Apple	Breakfast Sandwich: Sausage, Egg & Cheese Cold: Ham & Cheese Vegetable: Hash Brown (2), Juice Box Fruit: Peaches	Bosco Breadsticks (2) (Cheese or Pepperoni) Cold: Ham & Cheese Vegetable: Vegetarian Bean, Cucumbers & Tomatoes Fruit: Pears	Spaghetti & Meat Sauce Cold: Turkey Cheese Large Salad / Wrap: Grilled Chicken Wrap (Caesar) Vegetable: Green Beans, Dod - Celery Fruit: Grapes	Baked potato w/cheese Cold: Turkey Cheese Vegetable: Broccoli, Cauliflower Fruit: Peaches
18	19	20	21	22
Tacos: Fajita Chicken or Black Bean Cold: Ham & Cheese Vegetable: Sweet Pepper Strips, Green Beans Fruit: Applesauce	General Chicken w/ Rice Cold: Ham & Cheese Vegetable: Roasted Zucchini & Squash Fruit: Orange	Stuffed Crust Pizza (Cheese or Pepperoni) Cold: Turkey Cheese Vegetable: Broccoli, Celery Fruit: Pears	Chicken Patty (Regular or Spicy) Cold: Turkey Cheese Sandwich Large Salad/Wrap: Chicken Salad Vegetable: Mashed potatoes, Garden Salad Fruit: Grapes	Mac & Cheese; Rib Sandwich Cold: Ham & Cheese Large Salad/ Wrap: Breaded Chicken & Cheese Wrap Vegetable: Vegetarian Beans, Corn Fruit: Apple
25	26	27	28	29
Offered Daily: THANKSGIVING BREAK Uncrustables: Grape or Strawberry Vegetarian Wraps Garden side Salad, Carroteenies				

THANKSGIVING BREAD NO SCHOOL

Offered Daily: Incrustables: Grape or Strawberry Vegetarian Wraps Garden side Salad, Carroteenies Fresh Fruit, Fruit Cup or Fruit Juice Box Milk - 1 % Low-Fat White Milk, Fat Free Chocolate