

Comet Connection



October 2024

Important Dates:

October 4th: Author Visit in the gym– Robin Benway

October 7th: 10:15A am-Comfort Dogs During Lunches

October 8th: 5:30 pm PTO Meeting at PKMS

October 9th-10th: 3:00-5:00 pm Boy's Basketball try outs

October 10-11th: 3:00-5:00 pm Cheer tryouts: MUST attend both days.

October 14th:- No School– Indigenous People day

October 21st: 6:00pm Board of Education meeting

October 23rd: End of quarter 1

October 24th-25th: Conferences– No School

October 30th: Picture retake day

October 31st: Halloween– Please see Halloween costume rules on page 10

Principal's Message:

Our first full month of school is complete, and we welcome fall at CMS! We begin the first week of our month with an Author Visit on Friday, October 4th. During Task time, Robin Benway will be here to discuss her career as an author, and her new book *The Girls of Skylark Lane*.

Our Marathon Fundraiser will kick off in early October. PE Teachers will be introducing the fundraiser early in October, and families can expect that their students bring information home, and start asking for pledges. This fundraiser supports our PTO so they can provide support to our students and teachers throughout the school year.

Quarter 1 ends on October 23rd, so this is our final push for the grading period! Students and families should make sure they are checking Skyward regularly to track their progress. This is an important skill for students as they continue on their educational journey.

Fall Conferences will be held on October 24th from 8:00 a.m. until 8:00 p.m., and on October 25th from 8:00 a.m. until noon. More specific information will be shared with families as we get closer to the dates of conferences. Please keep your eyes peeled in Parent Square for updates about Conferences.

Halloween is Thursday, October 31st. We invite students to dress up for Halloween. Please refer to the costume rules listed on page 10.

Have a fantastic October everyone!

- Alex Paszt, Principal

Meet the Voices of CMS!

Each morning these students grace the airways at CMS and help us get our day started by reading the morning announcements. Let's learn about these amazing students...

Leah

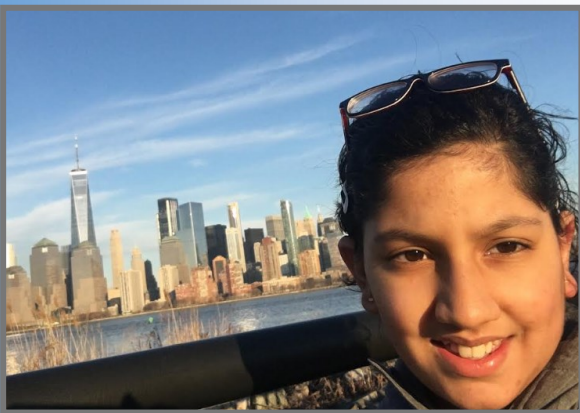


Hello, I'm Leah Hamende! My favorite color is pink and my favorite food is macaroni and cheese. I like many genres of music, from Lo-Fi to Pop! I love to do a lot of activities at the middle school. I did STAR and Art club last year, and hope to do it again along with theater, working backstage and helping the show run. My hobby when I'm out of school is solving rubik's cubes. There are many kinds, and the photo of me (***below, to the side, above, on the right, wherever it is on the page***) is my reaction after winning second place in a puzzle called Pyraminx! It was my first ever podium, and it was a big accomplishment! I have many more to come, including being an announcer this year at Central Middle School!

Patrick



Hello! My name is Patrick Hamilton and I am thrilled to be a morning announcer this year! First of all, I love public speaking, so this is the perfect job for me! Some of the things I enjoy include mountain biking, downhill skiing, musical theatre, running cross country, singing in the school choir, playing the trumpet, traveling, and trains. A fun fact about me is that I have been to 34 of the 50 states. Also, a goal of mine is to get to all 50 states before I turn 18.



Inayat

Hi, my name is Inayat Chandra and I am a morning announcer. I have a lot of hobbies, including making bracelets, listening to BTS songs, cycling, painting, and writing stories. I was actually born in India and am 100% Indian. I love eating spicy food, and cupcakes are my favorite American pastry. I also spend a lot of time swimming and taking cultural dance and singing lessons. I have been playing the piano and the flute for approximately 2 years. I am in band and choir both. I wanted to be a morning announcer because I think may be a fun job. Being a morning announcer will also help me get over my nerves of public speaking. With a job so fun, I couldn't really turn it down. That's about it when it comes to me!

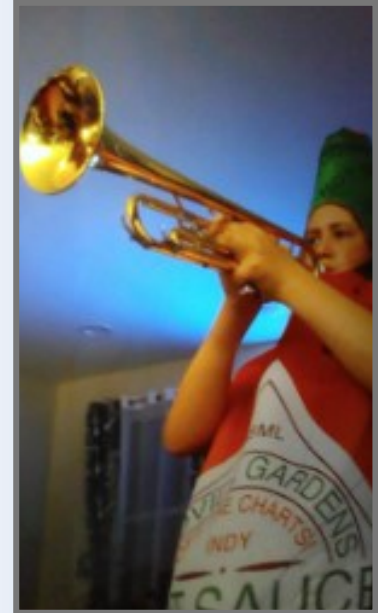
Meet the Voices of CMS!

Bella



Hi, my name is Bella Byrnes and I'm excited to be a morning announcer for CMS! I'm super excited for this opportunity to share my love for public speaking with CMS. Being in multiple theater productions and giving speeches or presentations in class has always been one of my favorite things about school. Some hobbies of mine include reading, singing, and hanging out with my friends. A fun fact about me is that I've been in seven musicals outside of school with Children's Theater of Elgin and I'm starting my eighth show soon. I'm looking forward to being the voice the Central Middle School students hear in the morning!

Gus



Hello, my name is Gus Fortman. I decided to become an announcer because of my empowering voice. I love football, NASCAR, and Franks Red Hots. I also have a birthmark in the shape of a herat. I am excited to become an announcer for this great school. It is something I have been wanting to do for a long time, but never got the chance.

Faye




My name is Faye Murphy, and I'm so excited to be a morning announcer this year. Here is a little bit about me. I enjoy playing with my puppy, Rosie, and I love doing theater and plays. I also take dance, and singing lessons. I also love singing in choir. I love to play my drum set, and I'm also in a rock band called Red Skies. I really enjoy drawing, and art. One of my favorite things to do is go swimming, or go to a waterpark. I'm looking forward to reading the morning announcements here at CMS!

Subject Area Spotlight

PE/Health


WHAT'S HAPPENING IN PE/HEALTH




Mr. Govea's class will be starting basketball and volleyball in Quarter 2. On Mondays the students will be participating in a "Too Cool For Drugs program." This is brought to us by Ecker Center. This program follows our health curriculum, and the teachers from Ecker Center will be working with our students until the end of the semester. This "Too Cool For Drugs program" will be continued at the high school next year.



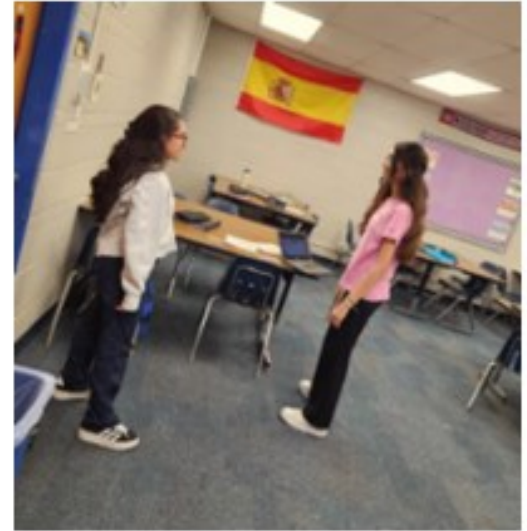
Ms. King's class will be starting health to start Quarter 2. This first unit we are exploring is our body systems. In this unit, we will be learning about how each system works and how they work together to do everyday things.




THE PTO SPONSORED PKMS/CMS ANNUAL MARATHON HAS ARRIVED!!! The PTO will use funds generated from this event toward all curriculum areas of the school. In the past, this combined PK/CMS Marathon raised over \$30,000 per year!! The PTO's goal is to match that amount again this year. By meeting this goal the PTO will be able to provide multiple resources for your student(s) and their teachers.



What's Happening at CMS!?



 Foreign language students practice using vocabulary words in full sentences while speaking with one another.



Loteria

Spanish students play Loteria, a game similar to Bingo!



ART

Art Students create flipbooks highlighting the different elements of art.



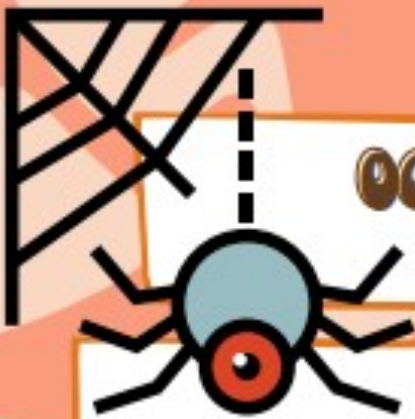


MORE
AT
CMS!



HOMECOMING SPIRIT WEEK





OCTOBER CMS LMC NEWSLETTER

Mrs. Kathy McCoy ~ Library Media Specialist

ALWAYS IN THE LMC...

DURING TASK...

Students are welcome to work with friends in the library. If your work is in & you are grade eligible ~ ask your

Task teacher to sign you up!

Checkout our Brain Break cabinet for a little relaxation & down time as a part of your day!

September 15 - October 15

HISPANIC HERITAGE MONTH



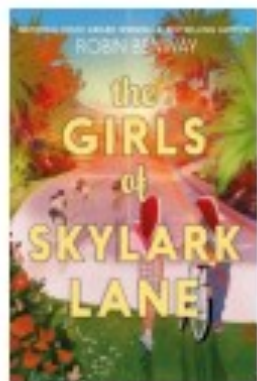
How about a book?



AUTHOR VISIT OCTOBER 4TH



During Task on Friday, October 4th, we will welcome author Robin Benway. Students will hear about being an author and her new book *The Girls of Skylark Lane*. Order your book today if you would like to have it signed after the presentation.



CMS BUDDIES!



We meet every Tuesday in the LMC during Task. We have enjoyed getting to know one another during our get-to-know you games so far!



CMS BOOK CLUB!

Everyone welcome! We meet during task. See Mrs. McCoy for a book.

THURSDAY, 11/7

GO COMETS!!!

Congratulations to the Central Middle School Football Team for claiming the NCJC Championship! The team fought hard all season to bring home an undefeated record. We are proud of you!





CMS COSTUME RULES

With Halloween quickly approaching, and as your child is planning their costume, please consider certain factors in choosing which costume is best. We encourage students at CMS to dress up for Halloween, however, there are a few things that they need to know so we can have fun and keep the school safe at the same time. This information will be shared with students as Halloween gets closer:

1. HALLOWEEN ATTIRE MUST MEET SCHOOL DRESS CODE STIPULATIONS.

2. Please do not wear or bring masks to school. Make-up/face paint may not cover the entire face. (At least half the face must be showing.)

3. If you choose to dress in a sports theme, no baseball bats, hockey sticks, golf clubs, etc. may be brought to school. Also, please do not wear cleats or spikes as they may damage the floors.

4. No weapons or look alike weapons of any kind. No spikes, chains, or ropes may be brought to school. To bring even a fake weapon to school – even on Halloween- can result in disciplinary consequences.

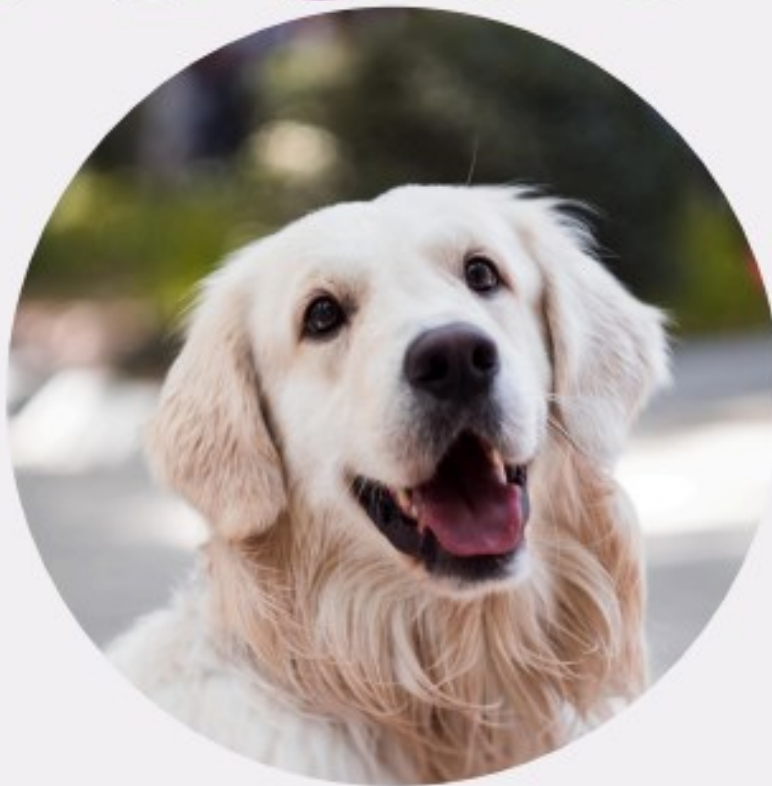
5. Make-up, hair dye, sunglasses, and hats are permitted, as long as they are not dangerous or disruptive. Exceptions: Sunglasses must be taken off in the classroom.

6. No clothing or props that depict drugs and/or alcohol.

7. Costumes should not prevent you from learning and fully participating in the day's activities. Please use good judgment!

8. All makeup and accessories should be applied and put on at home.

9. Finally, building administration has the right to make any student change if their costume is deemed inappropriate for school or the learning process.



COMING SOON!

COMFORT DOGS VISITING CMS
2024-25 SCHOOL YEAR

IN THE LMC ~ DURING LUNCH PERIODS

- Monday, October 7th
- Monday, December 9th
- Monday, March 10th
- Monday, May 12th

BE ON THE LOOKOUT FOR A SIGN-UP!

Robin Benway

Central Middle School is delighted to welcome *New York Times* bestselling author Robin Benway on Friday, October 4th. Ms. Benway will talk with students about her career as an author and discuss her new book, *The Girls of Skylark Lane*.

To guarantee a personalized, autographed copy of this book, please return this order form with payment (cash or check payable to Central MS) by Wednesday, October 2nd. If you miss that date, there will be a limited supply of signed books available for purchase through October 11th.



_____ *The Girls of Skylark Lane*, \$19.99 (Hardcover)



National Book Award winner Robin Benway debuts a coming-of-age middle grade novel about friendships, family, and discovering the person you're meant to be. Babysitters Club meets The Sandlot when twin sisters join a raqtaq neighborhood girls softball team at a time when growing up could mean growing apart.

Aggie and Jac might be twin sisters, but lately they haven't felt the same about anything. While Jac is excited about their move to Los Angeles and a chance to seem cool and mysterious, Aggie is worried her new locker won't open, that Jac could make new friends without her, and that her friends from home will move on, leaving her all alone.

When the first day at school ends with an invite to join the neighborhood softball team, Aggie jumps at the chance to meet the other girls, even if she has to drag along Jac, whose own interest in the softball team might have more to do with the captain's older brother...

Aggie is relieved to learn that each girl is dealing with their own problems and becomes excited at the opportunity to create strong friendships. But as Jac and Aggie grow into different people, will they be able to hold on to their sisterhood? For life throws the biggest curveball of all: growing up.

Please return this to your ELA teacher or Mrs. McCoy.

Student Name: _____

ELA Teacher Name: _____

Total Amount Due:

\$ _____ Cash _____ Check# _____

Name for Personalization: _____



Notes From the Nurse



Handwashing with soap and water is one of the simplest, most effective ways to stop the spread of germs and stay healthy. Keeping hands clean can prevent 1 in 3 diarrheal illnesses and 1 in 5 respiratory infections, such as the common cold or flu.

From the Nurse

Please keep your student home if they exhibit any of the following;

- Fever (temperature of 100 degrees or above)
- Vomiting
- Diarrhea (2 episodes)
- Excessive cough and/or unable to manage secretions
- Suspicious Rash

A student should not return to school after he/she has been out of school due to an illness until there is evidence that the student is no longer contagious. This may include a release from the student's physician, absence of symptoms for over 24 hours, or documentation of treatment.

Students who come to school with mobility devices (such as crutches, walking boot/shoe, wheelchair, splints or casts) for an acute episode need to submit a note from their healthcare provider that states the activity restriction that warrants the use of the device at the school, including the time frame for the restriction.



**VETERANS DAY
PROGRAM**

★ HONORING ALL WHO SERVED ★

Join us as we honor our local
Military and Veteran Heroes

Monday, November 11th, 2024

at Central Middle School

44W303 Plato Rd, Burlington, IL. 60109

***Coffee and Cookies Reception**

1:40 PM-2:00PM

***Veterans Day Program**

2:00PM-2:30PM

Keynote Speaker SGT Jason Johnston

Veterans and Military Personnel who want to attend:
Please RSVP to Joanne at (847) 464-6000

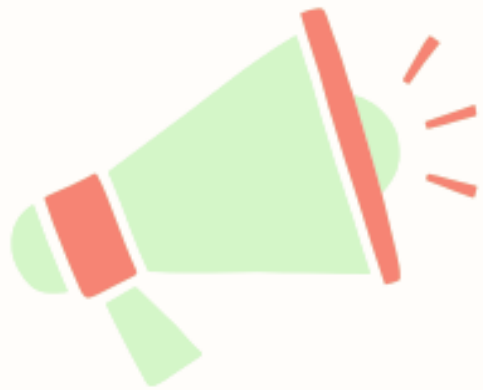




**Where do ghosts
like to vacation?**
The boo-hamas.



**Why did the scarecrow
win a Nobel Prize?**
He was outstanding
in his field



Attention, Parents!

The District 301 Middle School PTO is looking for volunteers to make this year great! If you are interested in volunteering, please use the sign up below.



Click Here!



<p>Offered Daily: Uncrustables Grape or Strawberry Vegetarian Wraps Garden side Salad Carroteenies Fresh Fruit, Fruit Cup or Fruit Juice Box Milk - 1 % Low-Fat White Milk, Fat Free Chocolate</p>	<p>Mac & Cheese or Rib Sandwich Cold: Ham and Cheese Sandwich Large Salad/ Wrap: Breaded Chicken & Cheese Wrap Vegetables: Peas Broccoli Florets Fruit: Peaches</p>	<p>Bosco Breadsticks (2): Cheese or Pepperoni Cold: Ham and Cheese Sandwich Vegetables: Corn Cucumbers & Tomatoes Fruit: Oranges</p>	<p>Spaghetti & Meatballs (5) Cold: Turkey & Cheese Sandwich Large Salad/ Wrap: Grilled Chicken Wrap (Caesar) Vegetables: Green Beans Celery Fruit: Grapes</p>	<p>Nacho: Chicken or Bean Cold: Turkey & Cheese Sandwich Large Salad/ Wrap: Spicy Chicken Salad Vegetable: Black Bean Salsa Shredded Lettuce & Tomatoes Fruit: Applesauce</p>
7	8	9	10	11
<p>General Chicken w/ Rice Cold: Ham & Cheese Sandwich Large Salad/ Wrap: Vegetarian Wrap Vegetables: Roasted Zucchini & Squash Cucumber Slices Fruit: Orange</p>	<p>Chicken Fajitas (2) or Black Bean Taco Cold: Ham & Cheese sandwich Vegetable: Sweet Pepper strips Green beans Fruit: Strawberries</p>	<p>Stuffed Crust Pizza: Cheese or Pepperoni Cold: Turkey Cheese Sandwich Vegetables: Celery Broccoli and Cauliflower (DOD) Fruit: Grapes</p>	<p>Chicken Pattie - Spicy or Regular Cold: Turkey Cheese Sandwich Large Salad/ Wrap: Breaded Chicken Salad Vegetable: Garden Salad Vegetarian Beans Fruit: Grapes Green & Red Apples</p>	<p>Breakfast sandwich - Egg & Cheese Bagel or Sausage, Egg & Cheese Bagel Cold: Ham & Cheese sandwich Large Salad/ Wrap: Breaded chicken & Cheese wrap Vegetable: Hash Brown (2) or Juice Box Fruit: Applesauce</p>
14	15	16	17	18
<p>Holiday No School</p>	<p>Corn Dog Cold: Turkey Cheese Sandwich Large Salad/ Wrap: Breaded Chicken wrap Vegetable: Vegetarian Bean Sweet Fries Fruit: Peaches</p>	<p>French Bread Pizza: Cheese or Pepperoni Cold: Turkey Cheese Sandwich Large Salad/ Wrap: Breaded chicken Salad or Wrap Vegetable: Peas Cucumbers & Radish Fruit: Oranges</p>	<p>Cheese Ravioli (3) Cold: Ham & Cheese Sandwich Large Salad/ Wrap: Grilled Chicken Salad Vegetable: Roasted Zucchini Fruit: Melon</p>	<p>Hamburger or Cheeseburger Cold: Turkey & Cheese Sandwich Large Salad/ Wrap: Breaded Chicken Salad Vegetable: Fries Cauliflower & Tomatoes Fruit: Strawberries</p>
21	22	23	26	27
<p>Potstickers (6)- Chicken or Vegetable Cold: Ham & Cheese Sandwich Vegetable: Broccoli & Radishes Cucumber Slices Fruit: Pear</p>	<p>Pancakes w/Sausage or Yogurt Cold: Ham & Cheese Sandwich Large Salad/ Wrap: Breaded Chicken & Cheese Wrap Vegetable: Hash Brown(2) or Juice Box Fruit: Orange</p>	<p>Sliced Pizza: Pepperoni or Cheese Cold: Turkey Cheese Sandwich Large Salad/ Wrap: Breaded Chicken Salad Vegetable: Cauliflower & Celery Fruit: Apple</p>	<p>Conferences No School</p>	<p>Conferences No School</p>
28	29	30	31	
<p>Alfredo Noodles- Chicken or w/ Cheese Stick Cold: Ham & Cheese Sandwich Large Salad/ Wrap: Grilled Chx Caesar Wrap Vegetable: Broccoli Peas Fruit: Melon</p>	<p>Twin Taco's w/Cheese: Beef or Bean Cold: Turkey Cheese Sandwich Large Salad/ Wrap Spicy Chicken & Cheese Wrap Vegetable: Sweet Pepper Strip Lettuce & Tomatoes Fruit -Apple-Dod</p>	<p>Bosco Breadsticks (2): Cheese or Pepperoni Cold: Turkey and Cheese Sandwich Large Salad or Wrap: Taco Salad or Wrap Vegetables: Celery - Dod Corn Fruit: Pears - Dod</p>	<p>Chicken Tenders (3) - Spicy or Regular Cold: Ham & Cheese Sandwich Large Salad/ Wrap: Vegetarian Wrap Vegetable: Vegetarian Beans Carroteenies Fruit -Orange</p>	<p>Lunch Prices Student: \$3.30 Reduced: \$4.40 Adult: \$3.95 Milk: \$4.00</p>
LUNES	MARTES	MIERCOLES	JUEVES	VIERNES
	1	2	3	4
<p>Ofrecido Diario Basado en Plantas - Hamburguesa de pollo Uncrustables: Uva o Fresa Ensalada: Mini Zanahorias Fruta Fresca: Fruta en Vaso, Caja de Jugo de Fruta Leche: 1% Baja- Grasa Blanca Leche: Sin Grasa Chocolat</p>	<p>Macarron con queso o Sandwich de costillas Frio: Sandwich de Jamon y queso Ensalada Grande/ Envoltura: Envoltura de pollo or Empanizado y queso Vegetal: Chicharos or Brócoli Fruta - Duraznos</p>	<p>Palos BOSCO de Pepperoni (2) Palos BOSCO (2) Frio: Sandwich de Jamon y queso Ensalada Grande/ Envoltura Vegetal: Elote Pepinos y Tomates Fruta -Peras</p>	<p>Spaghetti y Albondigas (5) Frio: Sandwich de Pavo y queso Ensalada Grande/ Envoltura Envoltura de Pollo asado (Caesar) Vegetal: Ejotes Apio Fruta -Uvas</p>	<p>Nachos de Res o Frijoles Negros Frio: Sandwich de Pavo y queso Ensalada Grande/ Envoltura Ensalada de Pollo Picante Vegetal: Salsa de frijoles negros Lechuga picada y tomates Fruta -Puré de manzana</p>
7	8	9	10	11
<p>Pollo General con Arroz Frio: Sandwich de Jamon y queso Ensalada Grande/ Envoltura Envoltura Vegetariana Vegetal: Calabacin y Calabaza Rostizada Rebanadas de Pepino Fruta -Naranjas</p>	<p>Fajitas de Pollo (2) o Taco de Frijoles negros Frio: Sandwich de Jamon y queso Ensalada Grande/ Envoltura Vegetal: Tiras de pimiento dulce Ejotes Fruta Fresas</p>	<p>Pizza de Pepperoni con masa rellena Pizza con masa rellena Frio Sandwich de Pavo y queso Ensalada Grande/ Envoltura Vegetal: Brocoli y Coliflor o Apio Fruta -Uvas</p>	<p>Hamburguesa de pollo empanizado Regular o Picante Frio: Sandwich de Pavo y queso Ensalada Grande/ Envoltura Ensalada de pollo empanizado Vegetal: Frijoles Vegetarianos o Ensalada Fruta -Uvas Verdes y Rojas o Manzanas</p>	<p>Sándwich de desayuno - Bagel con huevo y queso o Bagel con salchicha, huevo y queso Frio: Sandwich de Jamon y queso Ensalada Grande/ Envoltura Envoltura de pollo empanizado y queso Vegetal: Croquetas de papa(2) o Caja de Jugo Fruta -Puré de manzana</p>
14	15	16	17	18
<p>HOLIDAY NO ESCUELA</p>	<p>Hot dog empanizado Frio: Sandwich de Pavo y queso Ensalada Grande/ Envoltura Envoltura de pollo empanizado Vegetal: Frijoles Vegetarianos, Papas Fritas dulces Fruta - Duraznos</p>	<p>Pizza de Pepperoni en pan frances Pizza de pan frances Frio: Sandwich de Pavo y queso Ensalada Grande/ Envoltura Ensalada de pollo empanizado Envoltura de pollo empanizado</p>	<p>Raviolis de queso (3) Frio: Sandwich de Jamon y queso Ensalada Grande/ Envoltura Ensalada de pollo asado Vegetal: Mini Zanahorias o Calabacin Rostizado Fruta -Melon</p>	<p>Hamburguesa - Hamburguesa con queso- Frio: Sandwich de Pavo y queso Ensalada Grande/ Envoltura Ensalada de pollo empanizado Vegetal: Papas fritas o Coliflor y tomates Fruta -Fresas</p>
21	22	23	24	25
<p>Empanadas chinas de pollo (6)- Empanadas chinas vegetarianas(6) Frio: Sandwich de Jamon y queso Ensalada Grande/ Envoltura Vegetal: Brocoli y calabac</p>	<p>Pancakes con Salchicha o Yogur Frio: Sandwich de Jamon y queso Ensalada Grande/ Envoltura Envoltura de pollo empanizado y queso Vegetal: Croquetas de papa(2)</p>	<p>Rebanada de Pizza de Pepperoni Rebanada de Pizza de queso Frio: Sandwich de Pavo y queso Ensalada Grande/ Envoltura: Ensalada de pollo empanizado</p>	<p>CONFERENCIAS NO ESCUELA</p>	<p>CONFERENCIAS NO ESCUELA</p>