

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

CENTRAL HIGH SCHOOL - NOVEMBER LUNCH MENU

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Vegetarian Option

Offered Daily "C"

Lunch Prices

Student: \$3.40

Reduced: \$.40

Adult: \$3.95

Milk: \$.40

Hot Sandwiches

Chicken Patty (Regular/Spicy/Plant Based)

Grilled Chicken Sandwich

Hamburger / Cheeseburger

Garden Side Salad, Carroteenies

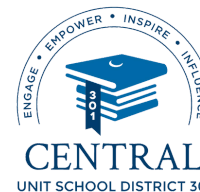
Fresh Fruit, Fruit Cup, Fruit Juice Box

Milk - 1 % LowFat White Milk

Fat Free Chocolate

Wraps: Vegetarian / Breaded Chicken / Cheese & Ranch / Spicy Chicken / Cheese & Ranch / Chicken Caesar**Large Salads:** Meatless salad - Hummus, Chicken (Breaded/Grilled/Bufalo)**Cold Sandwiches:** Ham & Cheese / Turkey & Cheese

Un crustables (Grape/Strawberry)

**Burger or Cheeseburger Bar W/Bacon****Pizza:** Cheese/Pepperoni/Bufalo Chicken**Wraps:** Chicken Bacon Ranch**Vegetable:** French Fries, Vegetarian Beans**Fruit:** Pears

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Beef Twin Taco's**Pizza:** Cheese/Pepperoni/BBQ Chicken**Wraps:** Chicken Bacon Ranch**Vegetable:** Peppers Boat, Corn**Fruit:** Applesauce

**ELECTION DAY
NO SCHOOL**

Chicken Tenders & Waffles (Plain/Spicy)**Pizza:** Quesadilla (Cheese/Chicken)

Bufalo Chicken Pizza

Wraps: Southwestern**Large Salad:** Beef Taco, Cobb**Vegetable:** French Fries, Garden Green Beans**Fruit:** Pears**Pasta (Meat Sauce/Alfredo/Chicken Alfredo), Garlic Bread****Pizza:** Cheese/Pepperoni/Bufalo Chicken**Wraps:** Bacon Caesar**Vegetable:** Tomato & Cucumber Boats, Carroteenies**Fruit:** Grapes

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Nacho Bar with Chicken (Beef/Bean)**Pizza:** Cheese/Pepperoni/Bufalo Chicken**Wraps:** Bacon Caesar**Large Salad:** Chicken (mixed with mayo)**Vegetable:** Pepper Boat, Street Corn**Fruit:** Fresh Pears**Potstickers: (Chicken/Vegetarian)****Pizza:** Cheese/Pepperoni/Bufalo Chicken**Wraps:** Chicken Southwestern**Large Salad:** Taco**Vegetable:** Celery Sticks, Cauliflower**Fruit:** Applesauce**Bosco Sticks: (Pepperoni/Cheese)****Wraps:** Chicken salad (mixed w/mayo)**Large Salad:** Chicken Fajita**Vegetable:** Green Bean, Carroteenies**Fruit:** Apple**Chicken Parm Sandwich****Pizza:** Cheese/Pepperoni/BBQ Chicken**Wraps:** Bacon Caesar**Vegetable:** French Fries, Roasted Broccoli**Fruit:** Grapes**Mozzarella sticks(6)****Pizza:** Cheese/Pepperoni/Bufalo Chicken**Wraps:** Chicken Bacon Ranch**Vegetable:** Sweet Potato Fries, Vegetarian Beans**Fruit:** Orange

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Walking Taco (Beef / Bean)**Pizza:** Cheese/Pepperoni/BBQ Chicken**Wraps:** Bacon Caesar**Large Salad:** Chicken (mixed with mayo)**Vegetable:** Carroteenies, Peppers Boat**Fruit:** Pears**Orange Chicken w/Lo mein noodles****Pizza:** Cheese/Pepperoni/Bufalo Chicken**Wraps:** Breaded Chicken Ranch**Vegetable:** Broccoli Florets, Roasted Zucchini & Squash**Fruit:** Applesauce**Boneless wings (Garlic/Sriracha)****Pizza:** French Bread (Cheese/Pepperoni), Bufalo Chicken Pizza**Wraps:** Beef Taco**To Go Salad:** Beef Taco**Vegetable:** Vegetarian Beans, Celery**Fruit:** Apple**Pasta (meatball/marinara), Cheese Sticks (2)****Pizza:** Cheese/Pepperoni/Bufalo Chicken**Wraps:** Chicken Bacon Ranch**Large Salad:** Italian**Vegetable:** Garden Salad, Peas**Fruit:** Applesauce**French Toast (Sausage/Bacon)****Pizza:** Cheese/Pepperoni/Bufalo Chicken**Wraps:** Spicy Chicken Ranch**Vegetable:** French Fries, Cucumber Slices**Fruit:** Orange

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**THANKSGIVING BREAK
NO SCHOOL**