



# Central High School

Principal – Chris Testone  
Assistant Principal – Kerri McCastland  
Assistant Principal – Kim Lewis  
Assistant Principal – Terry Stroh  
Athletic Director – Steven Diversey

P.O. Box 68, 44W625 Plato Road, Burlington, Illinois 60109 847-464-6030 / 847-464-6039 fax  
www.central301.net

## Outside Counseling Resources

Owen & Associates Counseling and Therapy <a href="https://www.owenscounseling.com/">https://www.owenscounseling.com/</a>	1118 E. Main, Suite 2A St. Charles, IL 60174	(847) 854-4333
TriCity Family Services <a href="http://www.tricityfamilyservices.org/">http://www.tricityfamilyservices.org/</a>	1120 Randall Court Geneva, IL	(630) 232-1070
Family Service Association of Elgin <a href="http://fsaelgin.org/">http://fsaelgin.org/</a>	1140 N McLean Blvd #1 Elgin, IL 60123	(847) 695-3680
The Prairie Clinic <a href="http://www.theprairieclinic.com/">http://www.theprairieclinic.com/</a>	1541 East Fabyan Pkwy Suite 121 Geneva, IL	(630) 845-9644
Balance Stress Management & Therapy Elgin <a href="http://balancestresstx.com/">http://balancestresstx.com/</a>	620 Wing Street, Unit 3 Elgin, IL 60123	(847) 450-0524
Balance Stress Management & Therapy St. Charles <a href="http://balancestresstx.com/">http://balancestresstx.com/</a>	115 South 2nd Street Saint Charles, IL 60174	(847) 450-0524
Pica and Associates Specialize in LGBTQ community <a href="https://www.sites.google.com/site/picaassoc/">https://www.sites.google.com/site/picaassoc/</a>	3381 W Main Street Suite 1 St. Charles, IL 60175	(630) 377-3137
Living Rite <a href="http://www.livingrite.org/">http://www.livingrite.org/</a>	2401 W US Highway 20 Suite 205 Pingree Grove, IL	(815) 758-8400
Creekwood Associates <a href="http://www.creekwoodassociates.com/">http://www.creekwoodassociates.com/</a>	240 S 5th Avenue Suite A St. Charles, IL	(630) 377-1414
Dr. David Goodman & Associates	405 Illinois Ave Suite 2C St. Charles, IL	(630) 377-3535

National Suicide Prevention Lifeline: (800) 273-8255  
Crisis Text Line: text "HOME" to 741-741  
National Runaway Safeline: (800) RUNAWAY or (800) 786-2929



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Counseling and Diagnostic Center of Woodfield, Ltd.	1325 Wiley Road Suite 165 Schaumburg, IL	(847) 884-0210
Leahy and Associates	475 Dunham Rd. Suite G St. Charles, IL	(630) 849-3711
Village Counseling Center <a href="http://www.vccnewhope.com/">http://www.vccnewhope.com/</a>	460 Briargate Dr. Suite 700 South Elgin, IL	(847) 488-1999
Dr. Karen Lynn Falk, Psy.D. Clinical Psychology	1595 Weld Rd. Suite 5 Elgin, IL	(847) 269-2350
Centennial Counseling Services (Cedar Crossings Building) <a href="http://www.centennialcounseling.com/">http://www.centennialcounseling.com/</a>	1120E Main Street Suite 201 St. Charles, IL	(630) 377-6613
Clear Waters Counseling Services	1497 N Lafox (Rte. 31) South Elgin, IL	(847) 903-1156
Christine Hibbard – Counseling	1121 East Main Street Suite 320 St. Charles, IL	(630) 584-0642
Center of Traumatic Stress	1220 Hobson Road Suite 232 Naperville, IL	(630) 637-4002
Counseling Associates Professional LTD	870 E Higgins Suite 138 Schaumburg, IL	(630) 945-6000
Williams and Associates	895 Geneva Road St. Charles, IL	(630) 377-5105
Genesis Clinical Services	1725 South Naperville Rd Suite 206	(630) 653-6441

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	Wheaton, IL	
Intermission Therapies	22 Crissey Ave Suite 200 Geneva, IL	(630) 232-7770
Legacy Clinical Consultants	321 Hamilton Street Suite E Geneva, IL	(630) 527-1664
McKane and Associates	1121 E Main Street #210 St. Charles, IL	(630) 377-7226
Peter Temple and Associates	12 West Wilson Street Batavia, IL	(630) 879-1026
Riverview Counseling Services <a href="http://riverviewcounselingservices.com/">http://riverviewcounselingservices.com/</a>	111 E Main St. Saint Charles, IL	(630) 587-3777
Plum Tree Child and Adolescent Psychology <a href="http://theplumtree.net/">http://theplumtree.net/</a>	240 S. Fifth Avenue Suite B St Charles, IL	(630) 549-6245
Fox Valley Hands of Hope Bereavement Programs (Free of charge) <a href="http://www.fvhh.net">www.fvhh.net</a>	200 Whitfield Dr. Geneva IL 60134	630-232-2233
Suicide Prevention Services <a href="http://www.spsamerica.org/">http://www.spsamerica.org/</a>	528 S Batavia Ave Batavia, IL 60510	(630) 482-9699
Community Crisis Center of Elgin	P.O. Box 1390 Elgin, IL 60121	(847) 697-2380

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The information that follows is a listing of services that are available in the community year round.

## **Community Resources**

### **Alcohol and Drug Abuse Counseling**

Renz Addiction Center <a href="https://renzcenter.org/">https://renzcenter.org/</a>	2 American Way Elgin, IL	(847) 742-3545 ext. 1
Lighthouse Recovery <a href="http://lighthouserecoveryinc.com/">http://lighthouserecoveryinc.com/</a>	210 South 5th St. Suite 10, St. Charles, IL	(630)940-2468
Alexian Brothers Behavioral Health Hospital	1650 Moon Lake Blvd. Hoffman Estates, IL	(847) 882-1600 (800) 432-5005
Provena St. Joseph Hospital	77 Airlite Street Elgin, IL	(847) 695-3200
Northwest Community Hospital	800 W. Central Road Arlington Heights, IL	(847) 618-1000
Linden Oaks Hospital	801 S. Washington Naperville, IL	(630) 305-5500
Rosecrance	1021 N. Mulford Road Rockford, IL	(800) 383-5351
F.A.I.R.	2010 E. Algonquin Road Schaumburg, IL	(847) 356-5192
Breaking Free	250 W. Downer Place Aurora, IL	(630) 355-2585

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### **Behavioral Health Hospitals**

Alexian Brothers Behavioral Health Hospital	1650 Moon Lake Blvd. Hoffman Estates, IL	(800) 432-5005
Linden Oaks Hospital at Edwards	801 S. Washington Naperville, IL	(630) 305-5500
Provena St. Joseph Hospital	77 Airlite Street Elgin, IL	(847) 695-3200
Northwest Community Hospital	800 W. Central Road Arlington Heights, IL	(847) 618-1000

### **Suicide Assessment Resources**

All of the above Behavioral Health Hospitals complete suicide assessments and have resources available.

TriCity Family Services	1120 Randall Court Geneva, IL	(630) 232-1073
24-hour Hotline Numbers	Depression Hotline National Crisis Lines	(630) 482-9696 (800) 784-2433 (800) 273-8255
Suicide Prevention Services	528 S. Batavia Ave (Rte. 31) Batavia, IL	(630) 482-9699

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