



February 1-28, 2023

# FEBRUARY 2023

Country Trails, Howard B. Thomas, Lily Lake, Prairie View  
School Lunch Menu

Student Lunch: \$ 3.00  
Reduced Lunch: \$ 0.40  
Milk: \$ 0.40  
Adult Lunch: \$ 3.75

## Monday



**6**  
French Toast Sticks  
w/ Maple Syrup Cup

Chicken Sausage Patty  
Hash Brown Rounds (2)  
Sunset Sip Juice  
Bag of Craisins  
Choice of Milk

**13**  
Chicken Tenders (3)  
  
French Fries  
Green Beans  
Chilled Peaches  
  
Choice of Milk

**20**  
**President's Day  
Holiday  
No School**

**27**  
Chicken Nuggets (5)  
  
Sweet Potato Fries  
Broccoli Florets w/ Ranch Dip  
Chilled Peaches  
  
Choice of Milk

## Tuesday



**7**  
Orange Chicken  
Over Brown Rice

Oriental Blend Veggies  
Celery Sticks w/ Ranch Dip  
Chilled Applesauce  
  
Choice of Milk

**14**  
Bosco Cheese Sticks (2)  
w/ Marinara Sauce  
  
Broccoli Florets  
Tender Carrots  
Chilled Applesauce  
  
Choice of Milk

**21**  
Blueberry Bash Waffles w/ Syrup  
Chicken Sausage Patty  
  
Cheese Stick  
Hash Brown Rounds (2)  
Dragon Punch  
Chilled Applesauce  
  
Choice of Milk

**28**  
Breaded Mozzarella  
Cheese Sticks (6)  
w/ Marinara Sauce  
  
Carroteenies  
Tender Peas  
Orange Wedges  
  
Choice of Milk

## Wednesday

**1**  
Italian Meat Sauce  
over Rotini Pasta

Tender Peas  
Carroteenies  
Chilled Pears  
  
Choice of Milk

**8**  
Round Cheese Pizza

Carroteenies w/ Ranch Dip  
Green Beans  
Chilled Pears  
  
Choice of Milk

**15**  
Hamburger w/ WG Bun  
  
Vegetarian Beans  
Celery Sticks  
Mixed Fruit Cup  
  
Choice of Milk

**22**  
Stuffed Crust Cheese Pizza  
  
Vegetarian Beans  
Broccoli Florets  
Chilled Pears  
  
Choice of Milk

## Thursday

**2**  
Cheese French Bread Pizza

Fresh Garden Salad  
with Cherry Tomatoes/Ranch Dressing  
Green Beans  
Fresh Apple  
  
Choice of Milk

**9**  
Breaded Mozzarella  
Cheese Sticks (6)  
w/ Marinara Sauce

Mixed Greens Salad w/ Cucumbers  
Cherry Tomatoes/Ranch Dressing  
Seasoned Corn  
Apple Slices  
Choice of Milk

**16**  
Cheese Pizza Slice  
  
Seasoned Corn  
Fresh Garden Salad  
with Cherry Tomatoes/Ranch Dressing  
Fresh Apple  
  
Choice of Milk

**23**  
Macaroni N' Cheese  
  
Tender Peas  
Carroteenies w/ Ranch Dip  
Mixed Fruit Cup  
  
Choice of Milk

## Friday

**3**  
Chicken Nuggets (5)

Vegetarian Beans  
Celery Sticks  
Mixed Fruit Cup  
  
Choice of Milk

**10**  
Breaded Chicken Patty  
w/ Whole Grain Bun

Broccoli Florets w/ Ranch Dip  
Vegetarian Beans  
Chilled Peaches  
  
Choice of Milk

**17**  
Turkey Corn Dog  
  
Tender Peas  
Carroteenies w/ Ranch Dip  
Orange Wedges  
  
Choice of Milk

**24**  
Beef Nachos  
With Salsa  
  
Green Beans  
Celery Sticks  
Apple Slices  
  
Choice of Milk



Choice of Milk: 1% Low-Fat Unflavored  
Fat Free Chocolate

Grilled Cheese Sandwich is Offered Daily



Menu Subject to Change Without Notice

