



October 3-31, 2022

OCTOBER 2022

Country Trails, Howard B. Thomas, Lily Lake,
Prairie View Elementary School Lunch Menu

Student Lunch: \$3.00

Reduced Lunch: \$0.40

Milk: \$0.40

\$3.75 Adult/Teacher Lunch

Monday

Breaded Mozzarella Cheese Sticks (6) **3**
with Marinara Sauce

Mixed Vegetables
Celery Sticks *w/Dip*
Fresh Apple Slices
Choice of Milk

COLUMBUS DAY HOLIDAY **10**
NO SCHOOL



Chicken Tenders (3) **17**

Sweet Potato Fries
Broccoli Florets *w / Ranch Dip*
Juicy Orange Wedges

Choice of Milk

Mini Waffles **24**
w/ Chicken Sausage Patty & Maple Syrup Cup

Cheese Stick
Power Punch Juice
Hash Brown Rounds
Chilled Pears
Choice of Milk

Chicken Tenders (3) **31**

Oven French Fries
Carroteenies *w / Ranch Dip*
Halloween "EEK" Slushy

Choice of Milk 

Tuesday

Chicken Nuggets (5) **4**

Vegetarian Beans
Carroteenies *w/Ranch Dip*
Chilled Applesauce

Choice of Milk

Macaroni and Cheese **11**

Tender Peas
Carrot Sticks *w/Dip*
Cinnamon Applesauce

Choice of Milk

Bosco Cheese Sticks (2) **18**
w / Marinara Sauce

Green Beans
Celery Sticks *w/ Dip*
Chilled Applesauce

Choice of Milk

Chicken Nuggets (5) **25**

Carroteenies *w / Ranch Dip*
Vegetarian Beans
Cinnamon Applesauce

Choice of Milk

Wednesday

Hamburger **5**
on a WG Bun

Sweet Potato Fries
Broccoli Florets *w/Ranch Dip*
Chilled Pears

Choice of Milk

Breaded Chicken Patty **12**
on a WG Bun

Crispy Tater Tots
Broccoli Florets *w / Ranch Dip*
Chilled Pears

Choice of Milk

Beef Nachos **19**
w / Salsa

Fiesta Black Beans
Carroteenies *w / Ranch Dip*
Mixed Fruit Cup

Choice of Milk

Pepperoni Pizza Slice **26**

Green Beans
Broccoli Florets *w / Ranch Dip*
Peach Cup

Choice of Milk

Thursday

Mexican Beef & Cheese Taco Stick **6**

Carroteenies *w/Ranch Dip*
Seasoned Corn
Fresh Grapes

Choice of Milk

Cheese French Bread Pizza **13**

Green Beans
Fresh Garden Salad *w / Cherry Tomatoes w / Ranch Dressing*
Apple Slices
Choice of Milk

Stuffed Crust Cheese Pizza **20**

Fresh Garden Salad *w / Cherry Tomatoes w / Ranch Dressing*
Seasoned Corn
Peach Cup
Choice of Milk

Parent - Teacher Conferences **27**
No School

Friday

Round Cheese Pizza **7**

Fresh Garden Salad *w / Cherry Tomatoes & Ranch Dressing*
Tender Green Beans
Chilled Peaches
Choice of Milk

Turkey Corn Dog **14**
w / Bag of Chips

Vegetarian Beans
Carroteenies *w / Ranch Dip*
Fresh Grapes
Choice of Milk

Beef Hot Dog **21**
on a WG Bun

Oven French Fries
Celery Sticks *w/Ranch Dip*
Frozen Fruit Slushy

Choice of Milk

Parent - Teacher Conferences **28**
No School



Choice of Milk: 1% Low-Fat Unflavored
Fat Free Chocolate



Grilled Cheese Sandwich is Offered Daily



Menu Subject to Change Without Notice

