

Date: \_\_\_\_\_

To the Parent / Guardian of \_\_\_\_\_,

D301 health records indicate that your child has asthma, exercise-induced asthma, or reactive airway disease (RAD.) If this is not accurate, please notify the nurse in your building so we can update the current health record.

If this is accurate, we request your cooperation establishing a treatment and emergency plan for school. To promote health and academic success and to comply with government regulations, the following guidelines have been adopted by the district. *Choose one:*

(A) If **no medication will be kept at school**, please send documentation of the diagnosis from the healthcare provider as well as the completed Individual Healthcare Plan (IHP) form.

(B) Medications may be **kept in the health office** when:

- there are orders from the healthcare provider on the Asthma/RAD Healthcare Provider Orders/Med A form
- and an IHP has been completed by the parent/guardian or emancipated student & reviewed by the nurse
- and a copy of the prescription label is attached to the medication.

(C) An asthma rescue inhaler may be **carried by the student** (but not *self-administered*) when:

- there are orders from the healthcare provider on the Asthma/RAD Healthcare Provider Orders/Med A form
- and an IHP has been completed by the parent/guardian or emancipated student & reviewed by the nurse
- and the parent/guardian or emancipated student consents on the Authorization to Self-Carry
- and a copy of the prescription label & instructions for use are attached to the medication.

(D) A student may **self-administer & self-carry** an asthma rescue inhaler when **at the start of each school year:**

- an IHP has been completed by the parent/guardian or emancipated student and reviewed by the nurse
- and the parent/guardian or emancipated student consents on the Authorization to Self-Administer/Carry
- and a copy of the prescription label & instructions for use are attached to the medication.

A copy of each form is attached. Also included is a copy of the CCUSD Asthma ER Response Protocol. Please have necessary documents completed and call the nurse at your child's school to schedule a meeting to review documents and implement the plan.

Respectfully,

Central CUSD 301 Health Services Staff

# Healthcare Provider Orders / Med-A

for Students with **Asthma/RAD**

Name of Student _____	Date of Birth: _____
School _____	Grade _____ Homerm/Teacher _____

**Diagnosis:** \_\_\_\_\_ History of anaphylaxis? No Yes

Asthma medications taken at home: \_\_\_\_\_

<b>Triggers (circle all that apply):</b>		
Exercise	Food	Molds
Respiratory infections	Smoke	Pollen
Changes/extremes in temperature	Animals	Humidity
Strong odors or perfumes	Chalk dust	Other: _____

## Medication Orders for school

Medication Name	Dose	Frequency
<b>Inhaler:</b>		
<b>Nebulizer:</b>		

<b>Additional Instructions:</b>

Possible Side Effects: \_\_\_\_\_

Are these medications necessary in order to maintain the student at school? No Yes

## Peak Flow Orders

Zone	Signs / Symptoms	Student Range	Orders / Meds
Personal Best	-----		-----
Green (80 -100% of Personal Best)	No cough or wheeze Can do usual activities	_____ to _____	
Yellow (50 -79% of Personal Best)	Cough, wheeze, tight chest Cannot do normal activities	_____ to _____	
Red (below 50% of Personal Best)	Medicine not helping Breathing hard & fast Cannot talk well or walk Flaring nostrils	_____ to _____	

**\*If needed, please provide family / student with a prescription for a peak flow meter to be left at school.**

Provider's Name \_\_\_\_\_ (please print) Ph# \_\_\_\_\_ Fax # \_\_\_\_\_

**Healthcare Provider's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

Fax to Central CUSD 301 Health Services:

rev 2016.11

CHS 847-464-6039	CMS 847-464-0233	PKMS 847-717-8105	HBT 847-464-6022	CT 847-717-8006	PV 847-464-6024	LL 630-387-7912
---------------------	---------------------	----------------------	---------------------	--------------------	--------------------	--------------------

**INDIVIDUAL HEALTHCARE PLAN – Asthma**

Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_ School \_\_\_\_\_  
 Grade \_\_\_\_\_ Homeroom \_\_\_\_\_ IHP valid from \_\_\_\_\_ to \_\_\_\_\_  
 Does student have severe allergies? No Yes Allergen & treatment: \_\_\_\_\_  
 Any other coexisting conditions? \_\_\_\_\_  
 Rescue/Preventative Medication(s) at home: \_\_\_\_\_  
 Asthma Triggers (list): \_\_\_\_\_

**Treatment/Action Plan for School (Check all that apply)**

Call parent if symptoms or complaints— there is no medication at school  
 Medication Orders for school: \_\_\_\_\_

Location:  health office  with student  other: \_\_\_\_\_

Student self-carries, but inhaler must be administered by an adult; authorization form is signed  
 Location of inhaler: \_\_\_\_\_ (Cannot be in locker)

Student self-carries and self-administers inhaler; authorization form is signed  
 Physical Activity: \_\_\_ puffs rescue inhaler 15 minutes  before gym  before recess  when/if requested

Obtain peak flow result if parameters & meter have been provided to school (see Zones below)

Other: \_\_\_\_\_

<p><b>Green Zone: Doing Well</b>          Peak flow meter _____ to _____          Symptoms: Breathing is good, no cough or wheeze, can work and play          Actions:          None needed at this time</p>	<p><b>Yellow Zone: Caution</b>          Peak flow meter _____ to _____          Symptoms: Some problems breathing, cough, wheeze, short of breath, chest tightness, problems working and playing          Actions:          Initiate Emergency Response Protocol (see reverse)</p>	<p><b>Red Zone: SEVERE-Get Help Now!</b>          Peak flow meter _____ to _____          Symptoms: Very fast or hard breathing, nasal flaring, blue lips or fingernail beds, medication not helping, skin sucking in at neck, ribs; cannot work or play, getting worse          Actions:          Call 911          Initiate Emergency Response Protocol (see reverse)</p>
--	--	---

**Emergency Contacts:**

Name	Relationship	Cell Phone	Other (specify)
#1 _____	_____	_____	_____
#2 _____	_____	_____	_____
#3 _____	_____	_____	_____
#4 Healthcare Provider: _____	_____	_____	_____

Authorization: I hereby grant permission for the above named school to administer the medication routine described herein for the above named child. I further give the district nursing staff permission to be in contact with the healthcare provider with regard to the medication order and the response my child has to the medication. I hereby authorize CCUSD 301 health personnel to release my child's health information/records to teachers, administration, transportation, sports coaches, and food service personnel for the purpose of treating or preparing for a medical situation for my child. I understand that I may revoke this authorization at any time by submitting written notice of the withdrawal of my consent. I recognize that the records, once received by the school district, may not be protected by the HIPAA Privacy Rule, but will become education records protected by the Family Educational Rights & Privacy Act.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
 Student Signature if emancipated \_\_\_\_\_ Date \_\_\_\_\_  
 Signature of Nurse \_\_\_\_\_ Date \_\_\_\_\_

**Authorization for Self-Administration and/or Self-Carry  
of Asthma and/or Epinephrine Medication**

Name of Student _____	Date of Birth: _____
School _____	Grade _____ Homeroom/Teacher _____
Diagnosis _____	Medication _____

I hereby acknowledge that I am the above referenced student or the parent/legal guardian of the above referenced student and that I am primarily responsible for administering medication to said child. However, in the event that I am unable to do so, I hereby authorize Central Community Unit School District 301 to allow **(circle one or both) self-carry / self-administration** of the lawfully prescribed **(circle one or both): asthma / epinephrine** medication during the following: (1) while in school; (2) while at a school sponsored activity; (3) while under the supervision of school personnel; and/or (4) before or after normal school activities. I attest that the student has been instructed on and is capable of self-administering and that he/she understands the need for the medicine and to report any side effects to school staff. I further attest that the above referenced student has been instructed to report each time the medicine is used during any of the above times to staff in the building.

I further acknowledge and agree that the School District and its employees and agents are to incur no liability, except for willful and wanton conduct by any of the said parties, as a result of any injury arising from self-administration of asthma / epinephrine medication. I further acknowledge and agree that, in the absence of willful and wanton conduct on the part of the School District and its employees and agents, I waive any claims that I might have against said parties arising out of self-administration of said medication. In addition, I agree to indemnify and hold harmless the School District and its employees and agents, either jointly or severally, except claims based on willful and wanton conduct on behalf of said parties from and against any and all claims, damages, causes of action or injury incurred or resulting from self-administration of said medication.

Print Name of Parent / Guardian \_\_\_\_\_

Signature of Parent / Guardian \_\_\_\_\_ Date: \_\_\_\_\_

Print Name of Emancipated Student \_\_\_\_\_ D.O.B: \_\_\_\_\_

Signature of Emancipated Student \_\_\_\_\_ Date: \_\_\_\_\_

CHS	CMS	PKMS	HBT	CT	PV	LL
Ph 847-464-6030	847-464-6000	847-717-8100	847-464-6008	847-717-8000	847-464-6014	847-464-6011
Fax 847-464-6039	847-464-0233	847-717-8105	847-464-6022	847-717-8006	847-464-6024	630-387-7912

# Central CUSD301 Asthma Emergency Response Protocol

Student Requesting Inhaler  
or  
Having Symptoms

## SYMPTOMS: Caution

Coughing  
Wheezing  
Chest tightness  
Shortness of breath  
Difficulty breathing

CALL NURSE

## SEVERE Symptoms = one or more of:

Nasal flaring  
Cannot walk or speak  
Very fast or hard breathing  
Blue lips or fingernail beds  
Skin sucking over neck, ribs or stomach  
Loss of consciousness

### NO Inhaler & NO Nurse

*In this order:*

**CALL 911**

**Call Parent/Guardian**

Stay with student until EMS or parent arrive

### INHALER available

Use Peak Flow meter if available & record result

Use Inhaler (2 puffs or per attached IHP)

Stay calm

Observe for 15 to 20 minutes for improvement

- Encourage slow deep breaths
- Remove outerwear; loosen clothing
- Student to remain seated upright
- No sleeping or lying down permitted

Use Peak Flow meter again & record result

*In this order:*

**CALL 911**

**Call Nurse**

**Use INHALER every 10-20 minutes  
(or per attached IHP)**

**Call Parent/Guardian**

Stay with student until EMS or parent arrive

### Minimal or NO Improvement in 10 minutes

(still has complaints or still symptoms or Peak Flow not in Green Zone)

#### Worsening

(fast or hard breathing, nasal flaring, cannot walk or speak, skin sucking over neck, ribs, stomach)

**Call 911**

**Use inhaler every 10 to 20 minutes or per attached IHP**

**Call Parent/Guardian**

Stay with student until EMS or parent arrives

### Improvement

- Reports relief
  - No wheeze or cough
  - Lips and nailbeds pink
  - Denies chest tightness
  - No difficulty breathing
  - Peak Flow result in Green Zone
- May return to class and resume activities

**Document** episode, symptoms, actions and outcome to retain in student health record.