



BlueCross BlueShield of Illinois



# You don't need to be a big shot to have a personal assistant.

## You already have one for your health care needs.

Are you ready for health care made easy? We think you are — that's why you have a Blue Cross and Blue Shield of Illinois (BCBSIL) health advocate\* waiting to help with your benefits questions and health care needs.

## Health advocates can help you and your covered family members:

- Get personal assistance with your health care matters
- Understand your health benefits
- Talk to your BCBSIL clinician about health questions
- Sort out a new diagnosis and what to do next
- Shop for quality, lower-cost health care
- Earn cash rewards for making smart health care choices

## It's easy to reach a health advocate:



Call toll-free  
**855-705-7279**



Download the **BCBSIL App**  
to live chat\*\*

***So stop trying to do it all on your own, we're here for you. Call or chat with your health advocate today.***



\* Health advocates do not replace the care of a doctor and you should talk to your doctor about any medical questions or concerns.  
\*\* Message and data rates may apply. Terms and conditions and privacy policy are available at [bcbsil.com/mobile/text-messaging](http://bcbsil.com/mobile/text-messaging).