

Presents:



Teen Bedrooms can hide the signs of Drug & Alcohol use

Wake-Up Call is a life-size exhibit of a teen's bedroom with more than 20 "red flags" that can signal drug or alcohol use. The bedroom identifies spots where teens may hide drugs, household items that can be used as drug paraphernalia and ways teens try to cover up drug and alcohol use.

Please register for this **FREE** event at

<https://wakeupcallcentralhs.eventbrite.com>

Participants will:

- Learn the signs and symptoms associated with substance use as well as current drug trends
- Receive a guided tour of the bedroom along with a description of items used to conceal substance use
 - Learn parenting strategies to help prevent substance use
 - Receive a comprehensive resource handbook
- Receive an opportunity to go through the bedroom and ask questions

Wednesday, January 23, 2019

Central High School
44W625 Plato Road
Burlington, IL 60109

6:30-8:00 PM

Wake Up Call presentation

***A resource fair will be held
from 6:00-6:30 PM and
immediately following the
presentation at 8:00 PM***

For questions about this event, please
contact Mandi Bavaro at
847-464-6005 or
mandi.bavaro@central301.net

**This presentation is for adults only
(21 years of age & over)**



Ashleigh Nowakowski, Executive Director, Your Choice to Live, Inc.

Ashleigh has been working in the substance abuse prevention field since 2009. Her work includes speaking in middle and high schools, teaching in health classes, and working with high risk youth in the Detour program. Ashleigh also has experience working with youth who are concerned about a loved one's substance use. Ashleigh has her Master's degree in Public Administration.



Sandi Lybert, Founder, Your Choice to Live, Inc.

Sandi's personal experience with her son, Tyler's addiction and her passion for helping others led her to leave her career in banking to start Your Choice to Live, Inc. Your Choice is a drug and alcohol abuse prevention, education and awareness program for students, parents and communities.



Katie Westerman, Educational Coordinator

Katie is a certified K-12 School Counselor and former Rehabilitation Counselor with over 20 years of experience in the educational field. Most recently, she served as the coordinator for parent and community education programs in the Oconomoc Area School District for 8 years. She now partners with Your Choice in their substance abuse prevention efforts.

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