

TriCity Family Services and Geneva Coalition for Youth Present:



# Compass for Girls (Formerly Chick Chat by HGNA)

Saturday, January 26, 2019  
8:30 a.m. to 3:30 p.m. (Check-In 8:30-9:00)  
Rescheduling due to a snow day would be 2/2/19.



## Fun, New Look & Updated Program!

Compass for Girls (formerly Chick Chat by HGNA) provides a great way for 4<sup>th</sup>- and 5<sup>th</sup>-grade girls to enhance their social and emotional skills, including:

- Self-Awareness
- Managing Challenging Emotions
- Problem-Solving
- Developing Healthy Friendship Skills
- Becoming More Empathic
- Understanding Personal Power

**This full-day workshop** consists of small group break-out sessions which include mini-lessons, interactive experiences, team building, and active games with the goal to provide girls with the opportunity to learn and share while having fun. **Games, discussions, lunch, a t-shirt, yoga, crafts, and take-aways will all be included in this exciting day!**

Compass is open to ALL 4<sup>th</sup>- and 5<sup>th</sup>-grade girls from public, private, and homeschools. All parents are invited to a presentation from 9:15-10:45 a.m.

Compass for Girls is brought to you by:



Geneva  
Coalition  
for Youth

with the support of Geneva CUSD 304.

Questions? [compass@tricityfamilyservices.org](mailto:compass@tricityfamilyservices.org)



Our programs are inclusive and welcoming to all.



Chick Chat Girls' Comments:  
"[I learned] that I'm beautiful,  
brave and strong."  
"I learned how to deal with  
difficult situations."

Location:  
Geneva Middle School South  
1415 Viking Drive, Geneva

Register by 11:59 p.m. on 1/16/19 or

View FAQ:

Click "Compass for Girls" in "Upcoming Events & Programs" at [www.tricityfamilyservices.org](http://www.tricityfamilyservices.org)