



Dear Parents/Guardians:

The Nursing Department of Central CUSD 301 is committed to promoting your student's ability to learn through optimal health and well-being. Our mission is to assist students in establishing successful management of health conditions and facilitating growth in independent care while maintaining safety.

**Seizures** can affect a student's ability and performance during school. In order to promote student success, comply with government regulations, and establish an effective individual healthcare plan (IHP), district personnel work closely with students, families and healthcare provider(s). The following guidelines have been adopted by the district for students diagnosed with seizures:

An **Individual Healthcare Plan (IHP) is required** for all students who have a seizure diagnosis.

- ❖ If medicine is to be available or given at school, the Healthcare Provider Orders – Med-A form is also required.

Additional forms you may be asked to complete include:

- A Questionnaire: which gathers historical information about your child's condition;
- An Authorization to Release Records: needed to communicate & collaborate with the healthcare provider(s).

Forms can be found on the District website by visiting the Health Services Department webpage. To download and print forms, hover over the Health Services tab on the left side, then select Health Requirements. Scroll down to find the link to the Seizure Packet.

Please have necessary documents completed and call the nurse at your child's school to schedule a meeting to review documents and implement the plan.

**Respectfully,**

**Central CUSD 301 Health Services Staff**

CHS	CMS	PKMS	HBT	CT	PV	LL
Ph 847-464-6030	847-464-6000	847-717-8100	847-464-6008	847-717-8000	847-464-6014	847-464-6011
Fax 847-464-6039	847-464-0233	847-717-8105	847-464-6022	847-717-8006	847-464-6024	630-365-2283



Individual Healthcare Plan for Student with Seizure Disorder



Name: \_\_\_\_\_ D.O.B. \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_ Homeroom \_\_\_\_\_ School Year \_\_\_\_\_

Medical History \_\_\_\_\_

Triggers \_\_\_\_\_

Seizure Type & Description \_\_\_\_\_

Warning Signs \_\_\_\_\_

Basic First Aid for this student: \_\_\_\_\_

Other: \_\_\_\_\_

Does student need to leave the classroom after a seizure? Yes No
If Yes, describe process for returning student to classroom:

A Seizure Emergency for this child is: \_\_\_\_\_

Protocol: (Check all that apply & clarify)

- Contact nurse
Call 911 if
Notify parent or emergency contact
Administer emergency medications

Basic First Aid: Care, Comfort, Calm

Track time, onset & length
Contact nurse
Keep child safe
Monitor breathing / keep airway open
To avoid falls, gently guide to floor; turn on side
Protect / cushion head
Do not restrain
Do not put anything in mouth
Stay with child until fully conscious
Remove other students from area
Monitor & record observations in seizure log

A Seizure is generally considered an Emergency when:

Convulsive seizure lasts longer than 5 minutes
On a bus
Student has breathing difficulties
Seizures repeat without regaining consciousness
Student is injured or has diabetes
It is a first-time seizure
It occurs in water

Special Considerations & Precautions

Routine & Preventive Meds

Table with columns: Medication, Dose/Time/Route, Home/School

Vagus Nerve Stimulator? Yes No Describe magnet use:

Contact Information

Table with columns: Name, Relationship, Phone Number(s)

I give permission for this care plan to be in place at school and for the medications ordered herein to be administered by school staff.
I further consent to sharing this plan with administrators, teachers, bus drivers & other school personnel who may need to know.

Parent/Guardian Signature
Student Signature if emancipated
Signature of Nurse

Date
Date
Date



Healthcare Provider Orders - Med-A for Students with Seizures

Name of Student \_\_\_\_\_ Date of Birth: \_\_\_\_\_
School \_\_\_\_\_ Grade \_\_\_\_\_ Homerm \_\_\_\_\_ School Year \_\_\_\_\_

Diagnosis/seizure type: \_\_\_\_\_

Medications student takes at home: \_\_\_\_\_

Triggers/situations to avoid: \_\_\_\_\_

Medication orders for School

Table with 4 columns: Medication Name, Dose & Frequency, Route, Possible Side Effects / Other. Rows include Routine, Other, and EMERGENCY.

Further orders: \_\_\_\_\_

Are these medications necessary to maintain the student at school? Yes No

What constitutes a seizure emergency for this child? \_\_\_\_\_

Does student have a Vagal Nerve Stimulator? Yes No If Yes, describe use: \_\_\_\_\_

Doctor Name \_\_\_\_\_ (please PRINT) Ph# \_\_\_\_\_ Fax # \_\_\_\_\_

Practitioner/Physician Signature \_\_\_\_\_ Date \_\_\_\_\_

Contact information for various schools: CHS, CMS, PKMS, HBT, CT, PV, LL with phone and fax numbers.