

You're invited to a

# Parent University

## What is Parent University?

It is an opportunity for District 301 parents and guardians to learn more about the district and how to support their students. Choose from sessions that meet your needs and interests.

## When is it?

Wednesday, May 30th, 6:00—8:00 p.m. Sessions start at 6:15, 6:50, and 7:25. Come for 1, 2, or all 3 sessions!

## Where is it?

Central High School

## What else do I need to know?

- ◆ Childcare will be provided
- ◆ Refreshments will be served from 6:00—6:15
- ◆ RSVPs are appreciated, but not required. Click [here](#) to let us know you're coming!



## Session Descriptions

### Student Anxiety and Its Effect on School

*Double session (65 minutes) - Offered at 6:15 only*

Dr. Eric Nolan, a child and adolescent psychiatrist, will discuss anxiety in children, including coping skills and school refusal.

### Social Media Awareness

*Offered at 6:15, 6:50, and 7:25*

Rebecca Jurs, principal of Lily Lake Grade School, and Phil Morris from the Kane County Regional Office of Education will share important information parents should know about how to keep their kids safe while using social media.

### My Child Has an IEP—Q&A

*Offered at 6:15, 6:50, and 7:25*

Mike Potsic, Director of Student Services, will facilitate a roundtable discussion with parents of students with an IEP. Parents will have the opportunity to learn from other parents about topics of interest to them.

### Navigating District Systems

*Offered at 6:15, 6:50, and 7:25*

Have questions about systems used in D301 such as Canvas and Skyward? Learn from district staff about the ins and outs of these programs and more.

**Attendees will have a chance to win gift cards to local restaurants! RSVP and double your chances of winning!**