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| **Central CUSD301 Asthma Emergency Response Protocol** |

**Student Requesting Inhaler**

**or**

**Having Symptoms**

**NO Inhaler & NO Nurse**

*In this order:*

**CALL 911**

**Call Parent/Guardian**

Stay with student until EMS or parent arrive

**SYMPTOMS: Caution**

**Coughing**

**Wheezing**

**Chest tightness**

**Shortness of breath**

**Difficulty breathing**

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**CALL NURSE**

**SEVERE Symptoms = one or more of:**

**Nasal flaring**

**Cannot walk or speak**

**Very fast or hard breathing**

**Blue lips or fingernail beds**

**Skin sucking over neck, ribs or stomach**

**Loss of consciousness**

**INHALER available**

Use Peak Flow meter if available & record result

Use Inhaler (2 puffs or per attached IHP)

Stay calm

Observe for 15 to 20 minutes for improvement

- Encourage slow deep breaths

- Remove outerwear; loosen clothing

- Student to remain seated upright

- No sleeping or lying down permitted

Use Peak Flow meter again & record result

*In this order:*

**CALL 911**

**Call Nurse**

**Use INHALER every 10-20 minutes**

**(or per attached IHP)**

**Call Parent/Guardian**

Stay with student until EMS or parent arrive

**Improvement**

- Reports relief

- No wheeze or cough

- Lips and nailbeds pink

- Denies chest tightness

- No difficulty breathing

- Peak Flow result in Green Zone

May return to class and resume activities

**Minimal or NO Improvement in 10 minutes**

(still has complaints or still symptoms or Peak Flow not in Green Zone)

**Worsening**

(fast or hard breathing, nasal flaring, cannot walk or speak, skin sucking over neck, ribs, stomach)

**Call 911**

**Use inhaler every 10 to 20 minutes or per attached IHP**

**Call Parent/Guardian**

Stay with student until EMS or parent arrives

**Document** episode, symptoms, actions and outcome to retain in student health record.

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All staff members will review this protocol and complete an in-person or online training every other year on asthma management, symptom prevention and emergency response. Furthermore, any staff likely to assist a student with asthma should review the inhaler packet insert or practice with a "trainer" under the direction of a school nurse. This document was developed based on the Illinois Asthma Episode ER Response Protocol Template of Oct 2016 in order to comply with 105 ILCS 5/22-30 j-15 & Public Act 99-0843.